

Engage:

My Power People

I recognize I have people in my life who help me to grow and help me to reach my potential. Some of these people will remain constant through my life and others will be present for a short time.

- ✓ I am **thankful** for these people and will not take them for granted.
- ✓ I will **reach out to them** when I need help and lean on them when I do not have strength of my own.
- ✓ I will remember that we are all **stronger together**.
- ✓ I will be **honored to accept encouragement** and help from these people.
- ✓ I will always **appreciate their unique investment** in my life.

My Power People

1. _____

2. _____

3. _____

4. _____

5. _____